



Lexington Center for Recovery Names Rockland County Program Director

Former Nyack Hospital Director to Lead County's Charge

Mount Kisco, NY and Rockland County, NY - (February 11, 2008) - Lexington Center for Recovery (LCR), one of the largest providers of alcohol and substance abuse treatment in the Hudson Valley, today announced that Barbara Tabala has been named Program Director for the LCR Rockland County Airmont and Haverstraw clinics. She previously served as Director for Addiction Services at Nyack Hospital.

A credentialed alcohol and substance abuse counselor (CASAC), Tabala will be responsible for the development and implementation of all program services at both clinics as well as maintaining compliance for all regulatory standards. Additionally, she will supervise all staff and staff development.

Tabala comes to LCR with vast experience in all aspects of chemical dependency treatment, which spans 24 years. Previously, she served as Director for Addiction Services at Nyack Hospital, where she spent 18 years. Some of her responsibilities included overseeing the inpatient detoxification program, inpatient rehabilitation and outpatient clinic services.

"Barbara's experience in the chemical dependency field makes her an ideal candidate for the program director position. I look forward to the success of the Rockland programs under her leadership," said Dr. Adrienne Marcus, Executive Director of Lexington Center for Recovery.

Tabala looks forward to helping clients through the recovery process. "It is my wholehearted belief that the devastating illness of chemical dependency is treatable, and I enjoy helping people reclaim their lives and helping their families to heal," she said.

Tabala is the Director of the CASAC training program, which is offered through RCADD (Rockland Council on Alcoholism and Other Drug Dependence) and serves on the Board of Directors for Open Arms Halfway House, Inc., CANDLE and the sub-committee of the Rockland County Community Services Board. A graduate of SUNY Empire State College, she holds a Professional Studies in Business and Administration. She also is a computer applications specialist (CAS) and an alumnus of Leadership Rockland. Tabala lives in Monroe with her partner and three dogs.

LCR is headquartered in Mount Kisco, NY. Its Westchester County clinics and programs are located in Mount Kisco; New Rochelle, NY; Yonkers, NY; White Plains, NY; and Peekskill, NY. The agency's Dutchess County clinics are located in Poughkeepsie and Beacon, NY. Rockland County treatment facilities are located at 100 Route 59, Airmont and at 90 New Main Street, Haverstraw. For additional information, call 914.666.0191 x1006 or visit www.lexingtonctr.org.

About LCR : Lexington Center for Recovery is one of the largest providers of alcoholism and substance abuse treatment in the Hudson Valley. It has treated approximately 30,000 people in its 25-year history and has 18 distinct programs throughout Westchester and Dutchess counties. A vital community resource, LCR eliminates barriers to entry and success in an alcohol and substance abuse recovery program by providing support services to clients and their families. Its innovative programs are affordable and aimed at different needs and ages. LCR is licensed by the New York State Office of Alcoholism and Substance Abuse Services.

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Below: Barbara Tabala, Rockland County Program Director for Lexington Center for Recovery

