



## **MEDIA ADVISORY**

### **WHAT:**

Lexington Center for Recovery's Family Program

### **WHO:**

- Dr. Adrienne Marcus, founder/executive director, Lexington Center for Recovery
- Minnie Cancellaro, LCSW, CASAC, Director of Lexington Center for Recovery's Mount Kisco Clinic
- Special guest speakers and addiction/recovery experts

### **WHEN:**

**Saturday, June 14, 2008**

**9 a.m. - noon**

*The Recovery Process and Step One*

**Saturday, July 12, 2008**

**9 a.m. - noon**

*The Families Response to Addiction and the Stages of Recovery for Families*

**Saturday, August 16, 2008**

**9 a.m. - noon**

*Detaching with Love - A New Way of Responding*

### **WHERE:**

Lexington Center for Recovery Clinic  
24 Smith Avenue  
Mount Kisco, NY 10549

### **DETAILS:**

Chemical dependency is a disease that not only affects those addicted to drugs, alcohol and other substances, but it also has serious effects on the addict's immediate family, including the spouse/partner, parents, siblings and children. In addition to suffering emotionally, family members experience negative legal, financial, physical and social effects of their loved one's addiction.

Lexington Center for Recovery's mission is to assure that the needs of those affected by substance abuse are addressed in a holistic approach to service delivery with the recognition that successful recovery comes with a loving circle of support. A monthly series, the Family Program addresses that mission by providing services to family members of individuals who struggle with addiction. The Family Program provides family members with knowledge about the disease of addiction; new ways of thinking and behaving; and a means to assist each family in their own recovery process.

Each session will feature a seminar about addiction; small group discussions; and a group forum meeting. The program is free of charge, and a light breakfast will be served. All family members over the age of 18 are welcome to regain a sense of hope for themselves and their loved ones.

**About Lexington Center for Recovery:** Lexington Center for Recovery is one of the largest providers of alcoholism and substance abuse treatment in the Hudson Valley. It has treated approximately 40,000 people in its 26-year history and has 18 distinct programs throughout Westchester, Dutchess and Rockland counties. A vital community resource, LCR eliminates barriers to entry and success in an alcohol and substance abuse recovery program by providing support services to clients and their families. Its innovative programs are affordable and aimed at different needs and ages. LCR is licensed by the New York State Office of Alcoholism and Substance Abuse Services.

For additional information, contact Dr. Adrienne Marcus, Executive Director at 914.666.0191 x1006.

**Website:** [www.lexingtonctr.org](http://www.lexingtonctr.org)