



Lexington Center for Recovery Celebrates Recovery Month with Improvisational Theatre

Poughkeepsie, New York - (October 5, 2007) - Lexington Center for Recovery (LCR), a not-for-profit agency providing substance abuse treatment services to residents throughout Dutchess and Westchester counties, recently commemorated *Recovery Month* by hosting an improvisational theatre event about recovery and the recovery process. The event was held at Family Partnership in Poughkeepsie to help to build awareness and support in the recovery community.

Attendees, who included LCR clients and others in recovery, as well as members of the community at large, shared the stories of their personal recovery process - struggles, surprises, successes - and the feelings that go with them. Hudson Valley-based Community Playback Theatre troupe performed improvised dramatizations representing the stories shared.

"This was an important event for our clients and others in recovery," said Jenny Salimbene, LCSW-R, CASAC, CDAC, CP, Director, Dutchess County Chemical Clinic Treatment Services for LCR. "Recovery and creativity are closely linked, and we heal because we bear witness to each other's pain and success. This was a great opportunity for us to create a strong sense of community."

Playback affirms the importance of personal experience while honoring the dignity, drama and universality of people's stories. It also explores the connection between people, builds community, and reduces barriers between cultures. Playback can also be used therapeutically to help groups identify common issues, transcend internal disputes, mourn losses, and process trauma.

The event celebrated *Recovery Month* and supported LCR's belief that all stories can, and should, be heard.

LCR's administrative headquarters is located at 332 East Main Street, Mt. Kisco, NY. The agency's Dutchess County clinics are located in Poughkeepsie and Beacon, NY. Westchester County clinics and programs are located in Mount Kisco, NY; New Rochelle, NY; Yonkers, NY; White Plains, NY; and Peekskill, NY. For additional information, call 914.666.0191 or visit <http://www.lexingtonctr.org/>.

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Above (from left to right): Community Playback Theatre troupe members Saul Handlers, Lee Myer, Fred Harris, Judy Swallow, Val Wells, Toni Horvatin; and Jenny Salimbene, LCSW-R, CASAC, CDAC, CP, Director, Dutchess County Chemical Clinic Treatment Services, Lexington Center for Recovery, at Lexington Center for Recovery's *Recovery Month* celebration



Above (from left to right): Jenny Salimbene, LCSW-R, CASAC, CDAC, CP, Director, Dutchess County Chemical Clinic Treatment Services, Lexington Center for Recovery (LCR); Lou Gagliano, CASAC, Director of Joseph House and LCR counselor; and Arlene Seymour, MA, LCAT, CASAC, Clinical Supervisor, LCR, at Lexington Center for Recovery's *Recovery Month* celebration

About LCR : Lexington Center for Recovery is one of the largest providers of alcohol and substance abuse treatment in the Hudson Valley. It has treated approximately 30,000 people in its 25-year history and has 16 distinct programs throughout Westchester and Dutchess counties. A vital community resource, LCR eliminates barriers to entry and success in an alcohol and substance abuse recovery program by providing support services to clients and their families. Its innovative programs are affordable and aimed at different needs and ages. LCR is licensed by the New York State Office of Alcoholism and Substance Abuse Services.